

Summit 5000+Benefits Schedule

2019 USD

For plans starting on or after 1 August 2019





At a glance



Overall plan limit

Summit 5000+ Up to 5,000,000 USD



Outpatient coinsurance

This is the percentage of coinsurance each member needs to pay towards claims in the plan year.

Summit 5000+

0%, 10% up to a maximum 2,000 USD, 20% up to a maximum 4,000 USD or 30% up to a maximum 5,000 USD, as shown on your **Certificate** of Insurance.

Good to know

Using this Benefits Schedule

Some words and phrases have specific meanings, we've highlighted them in bold print and you'll find their definitions in your Handbook.

This Benefits Schedule details the plan benefits available under the core Summit plan. The plan sponsor may also be able to add and remove benefits, and increase or decrease benefit limits to enable them to custom-build a solution that's right for them and their business.

Before you're treated

It's important you request our approval before you receive treatment for the following treatments and services:

- Medical evacuation
- Inpatient or daycare treatment admission
- Psychiatric treatment
- Prescription for more than three months' supply of drugs for a chronic medical condition
- Single treatment or service that costs more than 500 USD or equivalent

If you're unable to ask for approval because it's an emergency, you or someone on your behalf must let us know about the emergency within 24 hours.

Your deductibles

Outpatient coinsurance

We'll apply your level of outpatient coinsurance, as shown on your Certificate of Insurance, to outpatient claims.

Once the total amount of outpatient coinsurance you have paid in a plan year reaches the maximum amount, you won't have to pay any more outpatient coinsurance.

Dental coinsurance

We'll apply our dental coinsurances to dental claims under the dental benefits only. See 19 Dental treatment.

Summit 5000+ Page **2** of 13

What's covered

The benefits noted below are subject to the terms, conditions and exclusions contained in your plan documents. We'll only pay reasonable costs for claims for treatment and services that are benefits and are medically necessary. Reasonable costs are the average cost of treatment, expertise or services given by similar types of medical provider within the same country or geographical region, based on our knowledge, experience and reasonable opinion.

1

Overall plan limit

We'll pay reasonable costs for benefits up to the overall plan limit for each member in each plan year. Benefit limits shown as 'Paid in full' are subject to the overall plan limit for each member in each plan year.

5,000,000 USD

If you are a Hong Kong resident, costs for hospital accommodation, treatment and services in Hong Kong will only be paid up to the reasonable and customary rates associated with a semi-private dual occupancy room. This applies for all inpatient and daycare costs:

- 2 Inpatient and daycare treatment
- 3 Parent accommodation
- 5 Rehabilitation
- 6 Cancer care
- 8 Physiotherapy and complementary medicine
- 9 Psychiatric treatment
- 11 Congenital abnormalities
- 12 HIV or AIDS
- 13 Organ transplants
- 14 Terminal care
- 19 Dental treatment
- 22 Pregnancy and childbirth.

i) For non-Hong Kong residents, and Hong Kong residents receiving treatment outside of Hong Kong, we'll pay for hospital accommodation (including meals) up to the cost of a standard single room with a private bathroom.

Not applicable or Paid in full for semi-private room only

2 Inpatient and daycare treatment

Medical costs including intensive care, theatre, hospital accommodation, medical practitioners, specialists, anaesthetists, nursing, appliances and prescribed drugs and dressings.

Kidney dialysis.

MRI, PET and CT scans, X-rays, pathology and other diagnostic tests and procedures.

Reconstructive surgery to restore natural function or appearance within 12 months of an **accident** or surgery.

Speech and language therapy and occupational therapy as part of your inpatient treatment.

Medical services of a nurse that would have been part of your inpatient or daycare treatment when these are received in your home instead of in hospital.

All **inpatient treatment** needed for **acute medical conditions** that begin before the **member** is eight days old, if the **member** was conceived by natural conception.

Where we agree that parent accommodation is needed in relation to this benefit and would normally be paid under section 3 Parent accommodation, it will be paid under this section instead.

All **inpatient treatment** needed for **acute medical conditions** that begin before the **member** is eight days old, if the **member** was conceived by assisted conception.

Where we agree that parent accommodation is needed in relation to this benefit and would normally be paid under section 3 Parent accommodation, it will be paid under this section instead.

Paid in full

Up to a lifetime limit of 150,000 USD

Summit 5000+ Page 3 of 13



Hospital accommodation costs for a parent or legal guardian to stay with the member if they aged 17 or under and receiving inpatient treatment that we cover under 2 Inpatient and daycare treatment.



4 Outpatient post-hospitalisation treatment

Outpatient treatment for 90 days after you're discharged following inpatient or daycare treatment for the same acute medical condition. This benefit covers medical practitioners' and specialists' fees, surgical procedures, prescribed drugs and dressings, MRI, PET and CT scans, X-rays, pathology and other diagnostic tests and procedures.



(i) Your outpatient coinsurance applies, as shown on your Certificate of Insurance.

0% or 10% to max 2,000 USD or 20% to max 4,000 USD or 30% to max 5,000 USD

5 Rehabilitation

This benefit is only available if:

- you've received inpatient treatment for three or more consecutive days for the same medical condition,
- you've stayed in hospital for three or more consecutive nights for the same medical condition.
- your inpatient treatment was covered under 2 Inpatient and daycare treatment.
- · a medical practitioner or specialist has referred you for rehabilitation, and
- · your rehabilitation starts:
 - after you're discharged from hospital following your inpatient treatment, or
 - when you're transferred to a rehabilitation unit following your inpatient treatment.

Your first session must be no more than 14 days after **you**'re discharged or transferred.

This benefit covers inpatient, daycare and outpatient physiotherapy, speech and language therapy and occupational therapy. We'll also pay for accommodation costs at the rehabilitation unit when medically necessary.

1) This section applies before any available benefit limit shown in
3) Physiotherapy and complementary medicine.

Paid in full

for up to 120 days

after your

discharged or

transferred

(i) Your outpatient coinsurance applies, as shown on your Certificate of Insurance.

0% or 10% to max 2,000 USD or 20% to max 4,000 USD or 30% to max 5,000 USD

Summit 5000+ Page **4** of 13

6 Cancer care

All **treatment** for, or related to, a diagnosed cancer. This includes **palliative treatment** and care.

✓ Paid in full

7 Outpatient treatment

Surgical procedures.	Paid in full
Outpatient pre-operative tests up to 72 hours before inpatient or daycare treatment covered under 2 Inpatient and daycare treatment.	✓ Paid in full
Medical practitioners' and specialists' fees, prescribed drugs and dressings, MRI scans, X-rays, pathology and diagnostic tests and procedures.	✓ Paid in full
Outpatient treatment for medical conditions that are an emergency when the treatment is received in a hospital.	✓ Paid in full
Kidney dialysis.	✓ Paid in full
PET and CT scans.	✓ Paid in full
1 Your outpatient coinsurance applies, as shown on your Certificate of Insurance.	0% or 10% to max 2,000 USD or 20% to max 4,000 USD or 30% to max 5,000 USD

8 Physiotherapy and complementary medicine

Physiotherapy as part of inpatient or daycare treatment. i Outpatient coinsurance doesn't apply	Paid in full
Post-hospitalisation outpatient physiotherapy. This benefit is available for 90 days after each inpatient or daycare admission.	✓ Paid in full
Outpatient physiotherapy when a medical practitioner or specialist refers you.	
(1) We reserve the right to seek further information from your medical practitioner or therapist if you received further treatment after you've completed six sessions.	Paid in full
Outpatient podiatry, osteopathic and chiropractic treatment when a medical practitioner or specialist refers you.	Paid up to 4,000 USD
Outpatient traditional Chinese medicine, ayurvedic medicine, acupuncture and homeopathic treatment.	Paid up to 1,500 USD
(i) We reserve the right to seek further information from your therapist if you received further treatment after you've completed four sessions for any one medical condition.	
Your outpatient coinsurance applies, as shown on your Certificate of Insurance.	0% or 10% to max 2,000 USD or 20% to max 4,000 USD or 30% to max 5,000 USD

Summit 5000+ Page **5** of 13

Psychiatric treatment

Up to 30 days inpatient psychiatric treatment and psychotherapy in the plan year. Paid in full **Outpatient coinsurance** doesn't apply Outpatient psychiatric treatment and psychotherapy. Paid up to 10.000 USD 0% or 10% to max 2,000 USD or 1 Your **outpatient coinsurance** applies, as shown on your **Certificate of** 20% to max 4,000 Insurance. USD or 30% to max 5,000 USD



10 Durable medical equipment

including prosthetic and orthotic supplies

We'll cover costs for:

- Items a medical practitioner or specialist prescribes which are needed to deliver prescribed drugs and apply dressings
- Buying and fitting of devices or items medically necessary for treatment including spinal supports, orthopaedic braces and air cast boots
- The rental or initial purchase of crutches or a wheelchair if medically necessary
- The initial buying and fitting of external prostheses needed after surgery, including artificial eyes and limbs
- The buying and fitting of medically necessary orthotic supplies, including insoles and orthotic supports

This benefit does not extend to sight or hearing aids, furniture or any modifications to your personal or work environment.

- 1 If the costs are related to a medical condition we cover under the following sections, **we**'ll cover these within the **benefit** limits of that section:
 - 6 Cancer care
 - 11 Congenital abnormalities
 - 12 HIV or AIDS
 - 13 Organ transplants
 - 14 Terminal care
- 22 Pregnancy and childbirth
- 25 Emergency treatment outside your area of cover

Paid up to 2,000 USD

1 Your **outpatient coinsurance** applies, as shown on your **Certificate of** Insurance.

0% or 10% to max 2,000 USD or 20% to max 4,000 USD or 30% to max 5,000 USD

Summit 5000+ **Page 6** of 13

11 Congenital abnormalities

All treatment for diagnosed congenital abnormalities and any related medical conditions. This includes palliative treatment and care for a congenital abnormality or any related medical condition.

Up to a lifetime limit of 100,000 USD

All treatment for diagnosed congenital abnormalities and any related medical conditions that are diagnosed before an insured member is 31 days old:

- · if the pregnancy is the result of natural conception,
- if they are added to the plan before they are 31 days old, and
- the treatment would normally be covered under the lifetime limit above.

Once the **member** reaches five years of age, cover will only be available under the **lifetime limit** above. Any costs paid under this section will not be deducted from the **lifetime limit** shown above. If the pregnancy is the result of assisted conception, cover will only be available under the **lifetime limit** above.

✓ Paid in full

(i) We'll cover costs for an organ transplant for congenital abnormalities and any related medical conditions under section (13) Organ transplants.

i) Your outpatient coinsurance applies, as shown on your Certificate of Insurance.

0% or 10% to max 2,000 USD or 20% to max 4,000 USD or 30% to max 5,000 USD

12 HIV or AIDS

All treatment, including palliative treatment and care, for diagnosed HIV or AIDS and all related medical conditions.

Paid up to 15,000 USD

0% or

(i) Your outpatient coinsurance applies, as shown on your Certificate of Insurance.

10% to max 2,000 USD or 20% to max 4,000 USD or 30% to max 5,000 USD

13 Organ transplants

Kidney, pancreas, liver, heart or lung transplants and any related treatment.

✓ Paid in full

0% or

(i) Your outpatient coinsurance applies, as shown on your Certificate of Insurance.

10% to max 2,000 USD or 20% to max 4,000 USD or 30% to max 5,000 USD

Summit 5000+ Page **7** of 13

14 Terminal care

Palliative treatment and care for a medical condition which is diagnosed as terminal.	
 If the costs are related to a medical condition we cover under the following sections, we'll cover these within the benefit limits of that section: Cancer care Congenital abnormalities HIV or AIDS 	Paid in full
Your outpatient coinsurance applies, as shown on your Certificate of Insurance.	0% or 10% to max 2,000 USD or 20% to max 4,000 USD or
	30% to max 5,000 USD
our medical condition is an emergency and we agree appropriate treatment	
Medical evacuation The costs to transport you to the nearest appropriate medical facility when your medical condition is an emergency and we agree appropriate treatment is not available locally. This benefit extends to the costs for emergency treatment you receive during the journey.	5,000 USD
The costs to transport you to the nearest appropriate medical facility when your medical condition is an emergency and we agree appropriate treatment is not available locally. This benefit extends to the costs for emergency treatment you receive during	

Costs of one dependant or companion having to accompany you or to travel at the same time if they are not able to accompany you during the actual emergency medical evacuation. This benefit will only become available if your medical condition is critical or you're expected to stay in hospital for seven or more nights. For the duration of your evacuation and period of admission we'll cover: Costs for return economy class travel, including taxi transfers to and from the hotel on arrival and departure A taxi from the hotel to the hospital, and back, once a day Reasonable overnight accommodation costs including breakfast	✓ Paid in full
The costs to transport you to appropriate medical facilities to receive treatment when your medical condition is not an emergency .	
We'll cover costs for return economy class travel to a location of your choice within your area of cover if: • we agree appropriate treatment is not available locally, and • we agree appropriate treatment is available in your chosen location. We'll also cover costs for airport taxi transfers. Cover is only available under this benefit if the treatment is covered under 2 Inpatient or daycare treatment, or 4 Outpatient post-hospitalisation treatment to 14 Terminal care.	Not covered
The costs to transport you to appropriate medical facilities for treatment related to your pregnancy if it's not an emergency .	
We'll cover costs for return economy class travel to a location of your choice within your area of cover if: • we agree appropriate treatment is not available locally, and • we agree appropriate treatment is available in your chosen location. We'll also cover costs for airport taxi transfers. You're limited to three return journeys for each pregnancy. Cover is only available under this benefit if the treatment is covered under section 22 Pregnancy and childbirth and you have completed any waiting periods shown in section 22.	Not covered

(i) You're not covered for air-sea rescue or any mountain rescue unless you suffer from a medical condition at a recognised ski or similar winter sports resort.

Summit 5000+ Page 8 of 13

16 Local ambulance

Costs of the appropriate type of ambulance needed to transport you to the nearest available and appropriate local hospital because of an emergency or if treatment is medically necessary.

- (i) Cover is only available under this **benefit** if the **treatment** is covered under the following sections:
 - 2 Inpatient and daycare treatment
 - 4 Outpatient post-hospitalisation treatment
 - 6 Cancer care
 - 7 Outpatient treatment
 - 9 Psychiatric treatment
 - 11 Congenital abnormalities
 - 12 HIV or AIDS
 - 13 Organ transplants
 - 14 Terminal care
 - 22 Pregnancy and childbirth

You're not covered for air-sea rescue or any mountain rescue unless **you** suffer from a **medical condition** at a recognised ski or similar winter sports resort.



Mortal remains

If you die outside your home country, we'll cover reasonable costs:

- to transport your body or mortal remains to your **home country** or your **country of residence** as directed by your next of kin or estate; or
- for your burial or cremation at the place of your death as directed by your next of kin or estate.

In the event of your burial, we'll cover:

- the cost of opening or reopening a grave;
- · any exclusive right of burial fee; and
- burial costs.

In the event of your cremation, we'll cover:

- · the cost of any doctor's certificates; and
- cremation costs, including the removal of any medical device before the cremation

This **benefit** does not extend to the purchase of a burial plot, or funeral costs, including, but not limited to, flowers and the funeral director's fees.

If you die within your home country, we'll cover reasonable costs to transport your body to the place of your burial or cremation as directed by your next of kin or estate. This benefit does not extend to any costs related to your burial or cremation.



Compassionate emergency visit

Costs you have to pay for one economy class return travel ticket from your area of cover for you to:

- · visit a close family member if their medical condition is critical, or
- · attend their burial or cremation following their death.

We'll cover a maximum of one return journey in the plan year.



Summit 5000+ Page 9 of 13

19 Dental treatment

Outpatient dental treatment for damage to natural teeth caused by an accident when: • the treatment can only be provided after you've received inpatient treatment related to the accident, and • you receive treatment within 90 days after you're discharged from hospital for your related inpatient treatment. This benefit includes the cost to supply and fit dental implants.	Paid in full
Outpatient dental treatment for accidental damage to natural teeth, except when the damage is caused by eating. Cover is only available when you receive treatment for the accidental damage within 10 days of the accident. This benefit also includes one follow-up consultation within 30 days of the accident.	Paid up to 1,500 USD
Your outpatient coinsurance applies, as shown on your Certificate of Insurance.	0% or 10% to max 2,000 USD or 20% to max 4,000 USD or 30% to max 5,000 USD
Routine outpatient dental treatment, including treatment for accidental damage to natural teeth when the damage is caused by eating. This benefit covers dental examinations, scraping, cleaning and polishing, X-rays, composite fillings and simple non-surgical extractions only. Cover is available after you've had 182 days' continuous cover from the date that this optional benefit was first included in your plan. (Not applicable for MHD policies).	Not covered
Major restorative dental treatment, including treatment for accidental damage to natural teeth when the damage is caused by eating. This benefit covers: • Surgical extractions, including wisdom teeth • Root canal treatment • The cost to supply, fit and repair crowns, bridges and dentures • X-rays needed to support major restorative dental treatment • Gum treatment Cover is available after you've had 182 days' continuous cover from the date that this optional benefit was first included in your plan. (Not applicable for MHD policies).	Not covered

Dental coinsurance	Not applicable
Outpatient dental treatment when your dental condition is an emergency	Not covered
Orthodontic treatment including:	
Orthodontic examinations	
 Costs to supply, fit and repair orthodontic devices or items 	Nish savasal
X-rays needed to support orthodontic treatment	Not covered
 Surgical and non-surgical extractions needed as part of your orthodontic treatment 	
Orthodontic coinsurance	50%
Dental implants including:	
• Dental examinations needed for dental implants	
Costs to supply, fit and repair dental implants	Not covered
· X-rays needed to support the fitting or repair of dental implants	
Dental implants coinsurance	50%

20 Optical care

Prescription costs for:	
Contact lenses	
· Spectacles	
Spectacle lenses	
Spectacle frames	Not covered
You're also covered for one consultation and sight examination for the signs or symptoms, or management of, natural or non-medical degenerative sight disorders. This includes, but isn't limited to, myopia, hypermetropia and astigmatism.	
Optical care coinsurance	Not applicable

Summit 5000+ Page **10** of 13

· One physical examination

· One hearing examination

· Vitamin K, hepatitis B and BCG vaccinations

21 Wellness	
Members aged 18 or over: routine health checks including cancer screening, cardiovascular examinations, neurological examinations, vital sign tests and vaccinations.	Paid up to 1,000 USD
Members aged 17 or under: routine health checks and vaccinations.	Paid up to 1,000 USD
One sight examination and one hearing examination in the plan year .	Paid up to 250 USD
 Pregnancy and childbirth Antenatal checkups for an uncomplicated pregnancy (no more than 	•
12 routine antenatal visits during each pregnancy and one routine 2D ultrasound scan in each trimester).Antenatal vitamins	
 Delivery costs, nursing fees and hospital accommodation costs for uncomplicated childbirth 	
 Postnatal checkups Hospital accommodation costs for your newborn to stay with you for up to four nights immediately after his or her birth 	
We 'll also pay the following routine costs for the newborn for the first 30 days after his or her birth, even if you do not add the newborn to your plan :	Not covered

This benefit also extends to the cost of elective circumcision for newborn males. Cover is available for up to 30 days from birth, and paid up to 500 USD within the benefit limit shown.

Screening tests for PKU, congenital hypothyroidism and G6PD

Maternity coinsurance Not applicable Treatment for medical maternity complications during pregnancy or childbirth, if the pregnancy is the result of an assisted conception.

We'll also cover the following routine costs for the newborn for the first 30 days after his or her birth, even if you do not add the newborn to your plan:

- · Hospital accommodation costs for your newborn to stay with you immediately after a complicated childbirth
- · One physical examination
- · Vitamin K, hepatitis B and BCG vaccinations
- Screening tests for PKU, congenital hypothyroidism and G6PD
- · One hearing examination

This benefit also extends to the cost of elective circumcision for newborn males. Cover is available for up to 30 days from birth, and paid up to 500 USD within the benefit limit shown.

Paid up to 40,000 USD

Maternity coinsurance

10%

These benefits are only available after you have had 12 months' continuous cover from the date that the benefit was first introduced on your plan. (Not applicable for MHD policies).

Treatment for medical maternity complications during pregnancy or childbirth, if the pregnancy is the result of natural conception.

We'll also pay the following routine costs for the newborn for the first 30 days after his or her birth, even if you do not add the newborn to your plan:

- · Hospital accommodation costs for the newborn to stay with you immediately after a complicated childbirth
- · One physical examination
- · Vitamin K, hepatitis B and BCG vaccinations
- Screening tests for PKU, congenital hypothyroidism and G6PD
- · One hearing examination

This benefit also extends to the cost of elective circumcision for newborn males. Cover is available for up to 30 days from birth, and paid up to 500 USD within the benefit limit shown.

Paid in full

1 The benefit limits shown in this section apply for each pregnancy. Where a pregnancy spans more than one plan year, any benefit paid for treatment or services received in the plan year when the pregnancy began will be deducted from the **benefit** limit shown in the following **plan** year.

1 The benefits within this section do not extend to 3D or 4D ultrasound scans.

Summit 5000+ **Page 11** of 13

23 Hormone replacement therapy

Hormone replacement therapy for symptoms of the menopause.

Paid up to 500 USD

i Your **outpatient coinsurance** applies, as shown on your **Certificate of Insurance**.

0% or 10% to max 2,000 USD or 20% to max 4,000 USD or 30% to max 5,000 USD

24 Hospital cash

We'll pay you for each night you stay in a hospital for inpatient treatment:

- if the **inpatient treatment** and **hospital** accommodation **you** receive during your stay are provided free of charge, and
- we would otherwise cover the treatment or services you receive during your stay under this plan.

We'll pay for a maximum of 20 nights in the plan year.

125 USD paid to **you** for each night

Emergency treatment outside your area of cover

Inpatient and daycare treatment when your medical condition is an emergency.	Not applicable
1 Outpatient coinsurance doesn't apply	Area of cover is worldwide
Outpatient treatment when your medical condition is an emergency.	
1 Your outpatient coinsurance applies, as shown on your Certificate of Insurance.	0% or 10% to max 2,000 USD or 20% to max 4,000 USD or 30% to max 5,000 USD
Costs of the appropriate type of ambulance needed to transport you to the nearest appropriate local hospital . This benefit is only available when your medical condition is an emergency .	Not applicable Area of cover is
1 We will only cover you if the emergency would be covered if you were within your area of cover	worldwide

26 Health management services

Access to our CARE team to receive tailored information and discuss any chronic condition and disease management.	✓ Included
Employee Assistance Programme – access to online and telephonic confidential support including counselling, information and guidance. Log on to the Health Hub or contact our Member Services Team for more information.	Included
Employee Assistance Programme – access to in-person confidential support including counselling, information and guidance. Log on to the Health Hub or contact our Member Services Team for more information.	Included

(i) We'll cover a maximum of five counselling session in each plan year.

Summit 5000+ Page 12 of 13

27 red24 security services

AdviceLine: 24/7 personal security information and advice for all your travel safety gueries. Visit www.red24.com/aetna to register for this service.

ActionResponse: 24/7 international rescue and response service for **you** in a potentially life-threatening, non-medical event.

Visit www.red24.com/aetna to register for this service.



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