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2019

Summit Dubai 1750

Benefits Schedule

USD



At a glance



Overall plan

Summit Dubai 1750Up to 1,750,000 USD

Overall DHA limit

Summit Dubai 1750 Up to 41,000 USD



Outpatient coinsurance

This **deductible** is applied to **outpatient** claims.

20% up to a maximum of AED 100 for each outpatient consultation as shown on your Certificate of Insurance.

Good to know

Using this Benefits Schedule

Some words and phrases have specific meanings, we've highlighted them in bold print and you'll find their definitions in your Handbook.

This Benefits Schedule has two broad sections; the first section covers benefits available anywhere within your chosen Tier and Area of Cover.

The second section covers benefits available only within Tier 4. If your medical condition is an emergency, tiers do not apply and treatment is available at any medical provider throughout the United Arab Emirates.

This Benefits Schedule details the plan benefits available under the core Summit Dubai plan. The plan sponsor may also be able to add and remove benefits, and increase or decrease benefit limits to enable them to custom-build a solution that's right for them and their business.

Before you're treated

It's important you request our approval before you receive treatment for the following treatments and services:

- Medical evacuation
- Inpatient or daycare treatment admission

- Psychiatric treatment
- Prescription for more than three months' supply of drugs for a chronic medical condition
- Single treatment or service that costs more than 500 USD or equivalent

If you're unable to ask for approval because it's an emergency, you or someone on your behalf must let us know about the emergency within 24 hours.

Network and tiers

Unless otherwise shown:

- Within the United Arab Emirates: your chosen tier will apply except if your medical condition is an emergency.
- Outside of the United Arab Emirates:
 The entire network will be available
 within your area of cover. Tiers do not apply.

Your area of cover and chosen tier are shown on your Certificate of insurance and Member ID Card

Your deductibles

Outpatient coinsurance

We'll apply your level of outpatient coinsurance, as shown on your Certificate of Insurance, to outpatient claims.

Maternity coinsurance

We'll apply our maternity coinsurance to maternity claims under section Pregnancy and childbirth.

Dental coinsurance

We'll apply our dental coinsurance to dental claims under section

19 Dental treatment.

Emergency dental, vision and hearing coinsurance

We'll apply this coinsurance to claims under some benefits within sections

19 Dental treatment and 20 Optical Care.

Out-of-tier coinsurance

We'll apply our 25% out-of-tier coinsurance if the treatment or services are received at a provider in the United Arab Emirates and:

- the provider is included in a tier that is not your chosen tier, or
- the provider is not in the medical provider network.

This out-of-tier coinsurance is applied to each claim after the deduction of any other applicable coinsurance.

This coinsurance does not apply if the treatment or services received are needed due to an emergency, or if Tier 1 UAE is your chosen tier.

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What's covered

The benefits noted below are subject to the terms, conditions and exclusions contained in your plan documents. We'll only pay reasonable costs for claims for treatment and services that are benefits and are medically necessary. Reasonable costs are the average cost of treatment, expertise or services given by similar types of medical provider within the same country or geographical region, based on our knowledge, experience and reasonable opinion. The benefits detailed below are available within your chosen tier and area of cover:



Overall plan limit

We'll pay reasonable costs for benefits up to the overall plan limit for each member in each plan year. Benefit limits shown as 'Paid in full' are subject to the overall plan limit for each member in each plan year. This includes the overall DHA limit as shown in the Tier 4 section.

1,750,000 USD



Inpatient and daycare treatment

Medical costs including intensive care, theatre, hospital accommodation, medical practitioners, specialists, anaesthetists, nursing, appliances and prescribed drugs and dressings.

Kidney dialysis.

MRI, PET and CT scans, X-rays, pathology and other diagnostic tests and procedures.

Reconstructive surgery to restore natural function or appearance within 12 months of an **accident** or surgery.

Speech and language therapy and occupational therapy as part of your inpatient treatment.

Medical services of a nurse that would have been part of your inpatient or daycare treatment when these are received in your home instead of in hospital.



All **inpatient treatment** needed for **acute medical conditions** that begin before the **member** is eight days old, if the **member** was conceived by natural conception.

Where we agree that companion accommodation is needed in relation to this **benefit** and would normally be paid under section 3 Companion accommodation, it will be paid under this section instead.

Up to a lifetime limit of 150,000

(i) Additional **benefits** are available, refer to the Tier 4 section.

Out-of-tier coinsurance may apply



Hospital accommodation costs for a companion to stay with the member if they're aged 17 or under and receiving inpatient treatment that we cover under 2 Inpatient and daycare treatment.

✓ Paid in full

1 Additional benefits are available, refer to the Tier 4 section.

i Out-of-tier coinsurance may apply

4 Outpatient post-hospitalisation treatment

Outpatient treatment for 90 days after you're discharged following inpatient or daycare treatment for the same acute medical condition.

This benefit covers medical practitioners' and specialists' fees, surgical procedures, prescribed drugs and dressings, MRI, PET and CT scans, X-rays, pathology and other diagnostic tests and procedures.



i Your outpatient coinsurance applies, as shown on your Certificate of Insurance.

20% up to a maximum of AED 100 per OP consultation

1 Out-of-tier coinsurance may apply

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5 Rehabilitation

This benefit is only available if:

- you've received inpatient treatment for three or more consecutive days for the same medical condition,
- you've stayed in hospital for three or more consecutive nights for the same medical condition.
- your inpatient treatment was covered under 2 Inpatient and daycare treatment.
- a medical practitioner or specialist has referred you for rehabilitation, and
- · your rehabilitation starts:
- after you're discharged from hospital following your inpatient treatment, or
- when you're transferred to a rehabilitation unit following your inpatient treatment.

Your first session must be no more than 14 days after **you'**re discharged or transferred.

This benefit covers inpatient, daycare and outpatient physiotherapy, speech and language therapy and occupational therapy. We'll also pay for accommodation costs at the rehabilitation unit when medically necessary.

- This section applies before any available benefit limit shown in Physiotherapy and complementary medicine.
- i Your outpatient coinsurance applies, as shown on your Certificate of Insurance.

20% up to a maximum of AED 100 per OP consultation

Paid in full

for up to 30 days

after you're

discharged or

transferred

1 Out-of-tier coinsurance may apply

6 Cancer care

All **treatment** for, or related to, a diagnosed cancer. This includes **palliative treatment** and care.

Paid in full

① Out-of-tier coinsurance may apply

Outpatient treatment

No cover, refer to the Tier 4 section.

Not covered

8 Physiotherapy and complementary medicine

Physiotherapy as part of inpatient or daycare treatment.

Paid in full

1 Outpatient coinsurance doesn't apply

Post-hospitalisation **outpatient** physiotherapy. This **benefit** is available for 90 days after each **inpatient** or **daycare** admission.

Paid in full for up to 6 sessions in each plan year

Outpatient podiatry, osteopathic and chiropractic treatment when a medical practitioner or specialist refers you.

Not covered

Outpatient traditional Chinese medicine, ayurvedic medicine, acupuncture and homeopathic **treatment**.

i We reserve the right to seek further information from your therapist if you received further treatment after you've completed four sessions for any one medical condition.

Not covered

- Additional benefits are available, refer to the Tier 4 section.
- 1 Your outpatient coinsurance applies, as shown on your Certificate of Insurance.

20% up to a maximum of AED 100 per OP consultation

1 Out-of-tier coinsurance may apply

Psychiatric treatment

No cover, refer to the Tier 4 section.

Not covered

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Durable medical equipment

including prosthetic and orthotic supplies

We'll cover costs for:

- Items a medical practitioner or specialist prescribes which are needed to deliver prescribed drugs and apply dressings
- Buying and fitting of devices or items medically necessary for treatment including spinal supports, orthopaedic braces and air cast boots
- The rental or initial purchase of crutches or a wheelchair if medically
- The initial buying and fitting of external prostheses needed after surgery including artificial eyes and limbs
- The buying and fitting of medically necessary orthotic supplies, including insoles and orthotic supports.

This **benefit** does not extend to sight or hearing aids, furniture or any modifications to your personal or work environment.

Paid up to 1,000 USD

- f the costs are related to a **medical condition we** cover under the following sections, **we**'ll cover these within the **benefit** limits of that section:
 - 6 Cancer care
 - 11 Congenital abnormalities
 - 12 HIV or AIDS
 - 13 Organ transplants
 - 14 Terminal care
 - 26 Emergency treatment outside your area of cover

1 Your outpatient coinsurance applies, as shown on your Certificate of Insurance.

20% up to a maximum of AED 100 per OP consultation

Congenital abnormalities

Benefit does not apply.

Not covered

HIV or AIDS

Benefit does not apply.

Not covered

Organ transplants

Kidney, pancreas, liver, heart or lung transplants and any related treatment.

Paid in full

1 Your outpatient coinsurance applies, as shown on your Certificate of Insurance.

20% up to a maximum of AED 100 per OP consultation

1 Out-of-tier coinsurance may apply

Terminal care

Benefit does not apply.

Not covered

Medical evacuation

The costs to transport you to the nearest appropriate medical facility when your medical condition is an emergency and we agree appropriate treatment is not available locally.

This benefit extends to the costs for emergency treatment you receive during the journey.

Paid in full

If we have transported you outside your area of cover, we'll pay any related costs you incur in the country you're evacuated to under the sections of your Benefits Schedule that would normally apply when you're within your area of cover.

Economy class travel costs for you to go back to your choice of your country of residence, or your home country, after your emergency medical evacuation that was covered under this plan.

Paid in full

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Medical evacuation Continued

Costs of one dependant or companion having to accompany you or to travel at the same time if they are not able to accompany you during the actual emergency medical evacuation. This benefit will only become available if your medical condition is critical or you're expected to stay in hospital for seven or more nights.

For the duration of your evacuation and period of admission we'll cover:

- Costs for return economy class travel, including taxi transfers to and from the hotel on arrival and departure
- A taxi from the hotel to the hospital, and back, once a day
- Reasonable overnight accommodation costs including breakfast

The costs to transport you to appropriate medical facilities to receive treatment when your medical condition is not an emergency.

We'll cover costs for return economy class travel to a location of your choice within your area of cover if:

- we agree appropriate treatment is not available locally, and
- we agree appropriate treatment is available in your chosen location.

We'll also cover costs for airport taxi transfers.

Cover is only available under this benefit if the treatment is covered under 2 Inpatient or daycare treatment, or 4 Outpatient post-hospitalisation treatment to 14 Terminal care.

The costs to transport you to appropriate medical facilities for treatment related to your pregnancy if it's not an emergency.

We'll cover costs for return economy class travel to a location of your choice within your area of cover if:

- we agree appropriate treatment is not available locally, and
- we agree appropriate treatment is available in your chosen location.

We'll also cover costs for airport taxi transfers.

You're limited to three return journeys for each pregnancy.

Cover is only available under this benefit if the treatment is covered under 23 Enhanced pregnancy and childbirth and you have completed any waiting periods shown in section 23.

1 You're not covered for air-sea rescue or any mountain rescue unless you suffer from a **medical condition** at a recognised ski or similar winter sports resort.

Paid in full

Not covered

Not covered

16 Local ambulance

Costs of the appropriate type of ambulance needed to transport you to the nearest available and appropriate local hospital because of an emergency if treatment is medically necessary.

- 1 Cover is only available under this benefit if the treatment is covered under the following sections:
 - 2 Inpatient and daycare treatment
 - 4 Outpatient post-hospitalisation treatment
 - 6 Cancer care
 - **D7** Outpatient treatment
 - **D9** Psychiatric treatment
 - 13 Organ transplants
 - 19 Dental treatment
 - **D22** Pregnancy and childbirth
 - 23 Enhanced pregnancy and childbirth

You're not covered for air-sea rescue or any mountain rescue unless you suffer from a **medical condition** at a recognised ski or similar winter sports resort.

Paid in full

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If you die outside your home country, we'll cover reasonable costs:

- to transport your body or mortal remains to your home country or your country of residence as directed by your next of kin or estate; or
- for your burial or cremation at the place of your death as directed by your next of kin or estate.

In the event of your burial, we'll cover:

- the cost of opening or reopening a grave;
- · any exclusive right of burial fee; and
- · burial costs.

In the event of your cremation, we'll cover:

- · the cost of any doctor's certificates; and
- cremation costs, including the removal of any medical device before the cremation

This **benefit** does not extend to the purchase of a burial plot, or funeral costs, including, but not limited to, flowers and the funeral director's fees.

If you die within your home country, we'll cover reasonable costs to transport your body to the place of your burial or cremation as directed by your next of kin or estate. This benefit does not extend to any costs related to your burial or cremation.

✓ Paid in full

Compassionate emergency visit

Costs you have to pay for one economy class return travel ticket from your area of cover for you to:

- visit a close family member if their medical condition is critical, or
- attend their burial or cremation following their death.

We'll cover a maximum of one return journey in the plan year.



19 Dental treatment

Outpatient dental treatment for damage to natural teeth caused by an accident when:

- your dental condition is not an emergency,
- the treatment can only be provided after you've received inpatient treatment related to the accident, and
- you receive treatment within 90 days after you're discharged from hospital for your related inpatient treatment.

This **benefit** includes the cost to supply and fit **dental** implants.

Outpatient dental treatment for damage to natural teeth caused by an accident, except when the damage is caused by eating. Cover is only available when your dental condition is not an emergency and you receive treatment for the accidental damage within 10 days of the accident. This benefit also includes one follow-up consultation within 30 days of the accident.

Not covered

Paid in full

(i) Your outpatient coinsurance applies, as shown on your Certificate of Insurance.

20% up to a maximum of AED 100 per OP consultation

Routine outpatient dental treatment, including treatment for accidental damage to natural teeth when the damage is caused by eating. This benefit covers dental examinations, scraping, cleaning and polishing, minor gum treatment, X-rays, composite fillings and simple non-surgical extractions only.

Cover is available after you've had 182 days' continuous cover from the date that this optional **benefit** was first included in your **plan**. (Not applicable for MHD policies).

Major restorative **dental treatment**, including **treatment** for accidental damage to **natural teeth** when the damage is caused by eating. This **benefit** covers:

Not covered

- Surgical extractions, including wisdom teeth
- Root canal treatment
- The cost to supply, fit and repair crowns, bridges and dentures
- X-rays needed to support major restorative dental treatment
- Major gum treatment

Cover is available after **you**'ve had 182 days' continuous cover from the date that this optional **benefit** was first included in your **plan**. (Not applicable for MHD policies).

Dental coinsurance Not applicable

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Optical care	
No cover, refer to the Tier 4 section .	Not covered
21 Wellness	
No cover, refer to the Tier 4 section .	Not covered
Pregnancy and childbirth For natural and assisted conception pregnancies	
Costs of terminating a pregnancy when medically necessary.	Paid in full
1 Additional benefits are available, refer to the Tier 4 section.	
① Out-of-tier coinsurance may apply	
Enhanced benefit for pregnancy and For natural and assisted conception pregnancies	childbirth
Benefit does not apply.	Not covered
24 Hormone replacement therapy	
Benefit does not apply.	Not covered

Ontical care

25 Hospital cash

We'll pay you for each night you stay in a hospital for inpatient treatment:

- if the inpatient treatment and hospital accommodation you receive during your stay are provided free of charge, and
- we would otherwise cover the treatment or services you receive during your stay under this plan.

We'll pay for a maximum of 20 nights in the plan year.

125 USD paid to **you** for each night

26 Emergency treatment outside your area of cover

<u> </u>	
Inpatient and daycare treatment when your medical condition is an emergency.	Paid up to 5,000 USD
① Outpatient coinsurance doesn't apply	
Outpatient treatment when your medical condition is an emergency.	Not covered
1 Your outpatient coinsurance applies, as shown on your Certificate of Insurance.	20% up to a maximum of AED 100 per OP consultation
Costs of the appropriate type of ambulance needed to transport you to the nearest appropriate local hospital . This benefit is only available when your medical condition is an emergency .	Paid up to 500 USD
1 We will only cover you if the emergency would be covered if you were within your area of cover.	
If the emergency is due to pregnancy or childbirth and you're 26 weeks or more into your pregnancy, this benefit is only available if you have been outside your area of cover for no more than 14 days at your date of admission for emergency inpatient or daycare treatment or the date you receive emergency outpatient treatment. Travel must not be against the advice of a medical practitioner, specialist or nurse at any time during your pregnancy.	

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Access to our CARE team to receive tailored information and discuss any chronic condition and disease management.	Not included
Employee Assistance Programme – access to online and telephonic confidential support including counselling, information and guidance. Log on to the Health Hub or contact our Member Services Team for more information.	Not included
Employee Assistance Programme – access to in-person confidential support including counselling, information and guidance. Log on to the Health Hub or contact our Member Services Team for more information.	Not included



i We'll cover a maximum of five counselling session in each plan year.



AdviceLine: 24/7 personal security information and advice for all your travel safety queries. Visit www.red24.com/aetna to register for this service.	Included
ActionResponse: 24/7 international rescue and response service for you in a potentially life-threatening, non-medical event. Visit www.red24.com/aetna to register for this service.	Not included

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What's covered only within Tier 4

The following section covers **benefits** available only within Tier 4. If your **medical condition** is an **emergency**, **tiers** do not apply and **treatment** is available throughout the United Arab Emirates.

D1 Overall DHA limit

We'll pay costs up to the overall DHA limit for each member in each plan year.

This DHA limit is included within the overall **plan** limit shown in **1** Overall plan limit.

If cover provided under this **plan** does not meet the minimum requirements of Dubai mandatory health coverage as stated by the Dubai Health Authority (DHA), **we**'ll pay the mandated costs from the overall DHA limit shown.

41,000 USD

D2 Inpatient and daycare treatment

All **inpatient treatment** needed for **acute medical conditions** that begin before the **member** is eight days old, if the pregnancy was the result of assisted conception.

✓ Paid in full

(i) Out-of-tier coinsurance may apply

D3 Companion accommodation

Hospital accommodation costs for a companion to stay with the member if they're aged 18 or over, their condition is critical and they're receiving inpatient treatment that we cover.

30 USD for each night

D7 Outpatient treatment

Surgical procedures.	Paid in full
Outpatient pre-operative tests before inpatient or daycare treatment covered under 2 Inpatient and daycare treatment.	✓ Paid in full
Medical practitioners' and specialists' fees, prescribed drugs and dressings, X-rays, pathology and diagnostic tests and procedures.	Paid in full
MRI, PET and CT scans.	Paid in full
Your outpatient coinsurance applies, as shown on your Certificate of Insurance.	20% up to a max of AED 100 per OP consultation

D8 Physiotherapy and complementary medicine

Outpatient physiotherapy when a medical practitioner or specialist refers you.

Paid in full for up to 6 sessions in each plan year

• Your outpatient coinsurance applies, as shown on your Certificate of Insurance.

20% up to a max of AED 100 per OP consultation

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D9 Psychiatric treatment

Inpatient and **outpatient** psychiatric **treatment** and psychotherapy when your **medical condition** is an **emergency**.

✓ Paid in full

i Your outpatient coinsurance applies, as shown on your Certificate of Insurance.

20% up to a max of AED 100 per OP consultation

D₁₉ Dental treatment

 $\label{thm:condition} \textbf{Outpatient dental treatment} \ \text{when your dental condition is an emergency}.$

✓ Paid in full

Emergency dental coinsurance

20%

D20 Optical care

Visions aids, vision correction by surgery and hearing aids, when **treatment** is needed for a **medical condition** that is an **emergency**.

Paid in full

Vision and hearing coinsurance

20%

D21 Wellness

 $\bf Members$ aged 17 or under: essential vaccinations as shown in the DHA's policies and updates.

Paid in full

(†) Certain vaccinations for newborns are covered within section
(D22) Pregnancy and childbirth

Preventative services as shown in the DHA's policies and updates.

✓ Paid in full

D22 Pregnancy and childbirth

For pregnancies resulting from natural and assisted conception

Costs for eight routine antenatal visits for each pregnancy, to include reviews, checks and tests as shown in the DHA's policies and updates. This benefit also includes antenatal vitamins and three antenatal 2D ultrasound scans for each pregnancy.	Paid in full
Normal delivery costs including nursing fees and hospital accommodation.	Paid up to 2,750 USD
Inpatient treatment for medical complications of maternity during pregnancy or childbirth if the medical condition is not an emergency.	
Costs of a medically necessary caesarean section if the medical condition is not an emergency. This benefit includes nursing fees and hospital accommodation.	
Maternity coinsurance	10%
Treatment for an emergency related to, or due to, a pregnancy. This benefit does not extend to the onset of a normal delivery.	Paid in full
We will pay reasonable hospital accommodation costs for the newborn to stay with you immediately after childbirth.	
 We'll pay the following routine costs for the newborn for the first 30 days after his or her birth, even if you do not add the newborn to your plan: One physical examination Vitamin K, hepatitis B and BCG vaccinations Screening tests for PKU, congenital hypothyroidism and G6PD or sickle cell and congenital adrenal hyperplasia One hearing examination 	
This benefit also extends to the cost of elective circumcision for newborn males. Cover is available for up to 30 days from birth, and paid up to 500 USD within the benefit limit shown.	
Where the newborn is an insured member , cover will still be provided under the insured mother's plan .	
Treatment needed for uninsured newborns. This benefit is only available for the first 30 days from birth, and cover will be provided under the insured mother's plan .	
This benefit extends to hospital accommodation costs for a companion to stay with the newborn. Costs will be limited to 30 USD for each night.	

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D22 Pregnancy and childbirth Continued

For pregnancies resulting from natural and assisted conception

- i) The benefit limits apply for each pregnancy. Where a pregnancy spans more than one plan year, any benefit paid for treatment or services received in the plan year when the pregnancy began will be deducted from the benefit limit shown in the following plan year.
- 1 The benefits within this section do not extend to 3D or 4D ultrasound scans.

All cover provided under this Benefits Schedule is subject to the terms of your plan documents.

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