For business without boundaries
Choose health insurance that rises to the occasion

Summit

KUWAIT

www.aetnainternational.com
Healthier employees. Healthier bottom line. Let’s reach the summit together.
We set out to give you flexibility and support
But we haven’t stopped there

Like you, we’re scaling new heights and pushing business boundaries every day. We’re a strong global health insurance brand with exceptional experience and expertise. Most importantly we place the health and wellness of your employees at the heart of everything we do.

Not only do we help to drive healthy outcomes for you and your employees, we also build a compliant, tailored health care plan that helps control your costs. This gives you the freedom to conquer your world.

Choice
Summit puts you in the driver’s seat. We offer a choice of five health insurance plans. Our flexible cover options and optional add-on plans allow you to tailor your chosen plan to meet the specific needs of your business, no matter where your employees are based.

Comfort
Take comfort in having a partner that helps to keep your workforce safe with resources to manage their personal safety, including hands-on assistance during political unrest and natural disasters on higher benefit plans.

Care
We take a personalised approach to supporting the health and well-being of your employees. Not only do we respond to their health needs but we also help them to plan ahead, protecting them from potential problems.

Control
Your employees will be empowered to take charge of their health with easy-to-use tools and resources that fit in to their lifestyle. Like our Employee Assistance Programme which gives members access to free, confidential counselling to help them navigate life’s ups and downs.

Convenience
Wherever your employees are based, we’re there with them. They can count on our web and mobile technology to keep our services and support within reach at all times.
No two companies are alike. That’s why we offer customisable plans with optional benefits. This level of flexibility enables you to maximise your health care investment, only paying for what you need. It starts with a choice of five Summit plans, ranging from Summit 1750 to Summit 5000+, and extends to extra cover options to tailor a plan that’s just right for your business.

Explore your options to shape your cover

Summit provides you with the flexibility to add and remove benefits, and increase or decrease benefit limits to enable you to custom-build a solution that’s right for your business. Our flexibility enables you to:

- Add benefits like routine pregnancy and childbirth, dental and optical care, and non-emergency evacuation
- Remove benefits like outpatient psychiatric treatment, medical complications of maternity, and HIV or AIDS
- Increase or decrease benefits like outpatient consultations, treatment and tests
- Remove, decrease or increase the excess, remove or increase the coinsurance
- Add outpatient direct billing
- Select an area of cover to best suit your geographical reach
- Cover pre-existing conditions for groups of 10 or more employees subject to acceptance
- Provide different plans for different groups of employees within the same policy
- Add optional plans for worldwide travel and personal accident

Additional flexibility for groups of 50+ employees

Large groups with 50 or more employees can benefit from additional flexibility and a more customised solution. Please talk to your sales representative to discover the full range of choices available to you.

Let us work with you to understand your business requirements and the needs of your global workforce so we can help build a plan that’s just right for you.

It’s your health care
Make it work for your business
Choice

How to build the cover that’s right for your business needs

Choose your Summit plan
You’ll be pleased to discover that each Summit plan offers certain full cover benefits as standard, from inpatient and daycare treatment to cancer care, emergency medical evacuation and repatriation.

There’s also a host of other benefits available as you move through the plan range, plus the option to add or flex benefits. Take a look at the at-a-glance benefits table on page 7.

No matter where your employees are based, our international teams deliver consistently exceptional service and local expertise. And, you can be confident that our plans are compliant with local regulations.

Choose your area of cover
The area of cover you choose helps to shape your plan and premium. You have the choice of seven areas of cover. For employees based in different regions, you can choose different plans for them within the same policy. Your employees need to be covered in the region in which they are resident, as a minimum. For example, if you have a group of employees residing in a country within Europe, which is Area 5, you have a choice of any area from Area 1 to Area 5.

- **Area 7** will give you cover in Africa only
- **Area 6** includes cover for Africa, plus Asia (excluding China, Hong Kong and Singapore) and the Middle East (excluding Kuwait, Qatar and UAE)
- **Area 5** includes cover for all the locations in Area 6, plus Europe and Latin America
- **Area 4** includes cover for all the locations in Area 5, plus Australia, Kuwait, New Zealand, Qatar, Singapore and the UAE
- **Area 3** includes cover for all the locations in Area 4, plus China
- **Area 2** provides worldwide cover excluding the U.S.
- **Area 1** provides worldwide cover including the U.S.

At the heart of every Summit solution there’s a comprehensive range of benefits and flexible cover options to suit your needs and budget.
# Summit plan benefits at-a-glance

Options for groups of three or more employees

<table>
<thead>
<tr>
<th>Summit 1750</th>
<th>Summit 2500</th>
<th>Summit 4000</th>
<th>Summit 5000</th>
<th>Summit 5000+</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall plan limit</strong></td>
<td>USD 1,750,000</td>
<td>USD 2,500,000</td>
<td>USD 4,000,000</td>
<td>USD 5,000,000</td>
</tr>
<tr>
<td><strong>Inpatient and daycare benefits</strong></td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
</tr>
<tr>
<td><strong>Inpatient and daycare treatment</strong></td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
</tr>
<tr>
<td><strong>Parent hospital accommodation</strong></td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
</tr>
<tr>
<td><strong>Inpatient treatment of acute conditions for newborns</strong>&lt;sup&gt;2&lt;/sup&gt;</td>
<td>USD 150,000</td>
<td>USD 150,000</td>
<td>USD 150,000</td>
<td>USD 150,000</td>
</tr>
<tr>
<td><strong>Emergency inpatient and daycare treatment outside area of cover</strong></td>
<td>USD 5,000</td>
<td>USD 15,000</td>
<td>USD 30,000</td>
<td>USD 50,000</td>
</tr>
<tr>
<td><strong>Inpatient psychiatric treatment</strong>&lt;sup&gt;1&lt;/sup&gt; (up to 30 days)</td>
<td>Not covered</td>
<td>USD 5,000</td>
<td>USD 10,000</td>
<td>Paid in full</td>
</tr>
<tr>
<td><strong>Outpatient benefits</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Outpatient post-hospitalisation treatment</strong>&lt;sup&gt;1&lt;/sup&gt; (up to 90 days)&lt;sup&gt;3&lt;/sup&gt;</td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
</tr>
<tr>
<td><strong>Outpatient surgical procedures</strong></td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
</tr>
<tr>
<td><strong>Outpatient dental treatment for accidental damage following related hospitalisation</strong></td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
</tr>
<tr>
<td><strong>Outpatient consultations, treatment and tests including MRI</strong></td>
<td>Not covered</td>
<td>USD 5,000</td>
<td>USD 15,000</td>
<td>Paid in full</td>
</tr>
<tr>
<td><strong>Emergency outpatient treatment</strong></td>
<td>Not covered</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Outpatient physiotherapy</strong></td>
<td>Not covered</td>
<td>USD 1,500</td>
<td>USD 2,000</td>
<td>Paid in full</td>
</tr>
<tr>
<td><strong>Outpatient complementary medicine</strong>&lt;sup&gt;4&lt;/sup&gt;</td>
<td>Not covered</td>
<td>USD 300</td>
<td>USD 750</td>
<td>USD 1,500</td>
</tr>
<tr>
<td><strong>Outpatient traditional Chinese medicine</strong></td>
<td>Not covered</td>
<td>USD 1,000</td>
<td>USD 2,000</td>
<td>USD 10,000</td>
</tr>
<tr>
<td><strong>Outpatient psychiatric treatment</strong></td>
<td>Not covered</td>
<td>USD 500</td>
<td>USD 500</td>
<td>USD 500</td>
</tr>
<tr>
<td><strong>Emergency outpatient treatment outside area of cover</strong></td>
<td>Not covered</td>
<td>USD 500</td>
<td>USD 500</td>
<td>USD 500</td>
</tr>
<tr>
<td><strong>Further benefits</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Emergency medical evacuation, repatriation and local accommodation</strong></td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
</tr>
<tr>
<td><strong>Cancer care</strong></td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
</tr>
<tr>
<td><strong>red24 travel security services</strong>&lt;sup&gt;2&lt;/sup&gt;</td>
<td>AdviceLine</td>
<td>AdviceLine</td>
<td>Action Response</td>
<td>Action Response</td>
</tr>
<tr>
<td><strong>Durable medical equipment</strong></td>
<td>USD 1,000</td>
<td>USD 1,000</td>
<td>USD 1,000</td>
<td>USD 2,000</td>
</tr>
<tr>
<td><strong>Hospital cash</strong>&lt;sup&gt;5&lt;/sup&gt; (each night up to 20 nights)</td>
<td>USD 125</td>
<td>USD 125</td>
<td>USD 125</td>
<td>USD 125</td>
</tr>
<tr>
<td><strong>Terminal care</strong></td>
<td>Not covered</td>
<td>Paid in full</td>
<td>Paid in full</td>
<td>Paid in full</td>
</tr>
<tr>
<td><strong>Medical complications of maternity</strong>&lt;sup&gt;2&lt;/sup&gt; (natural conception)</td>
<td>Not covered</td>
<td>USD 15,000</td>
<td>USD 15,000</td>
<td>USD 50,000</td>
</tr>
<tr>
<td><strong>Congenital abnormalities</strong>&lt;sup&gt;2&lt;/sup&gt;</td>
<td>Not covered</td>
<td>USD 25,000</td>
<td>USD 50,000</td>
<td>USD 100,000</td>
</tr>
<tr>
<td><strong>Employee Assistance Programme</strong></td>
<td>Online and telephonic support</td>
<td>Online and telephonic support</td>
<td>Online and telephonic support</td>
<td>Online and telephonic support</td>
</tr>
<tr>
<td><strong>Chronic condition and disease management</strong></td>
<td>Not included</td>
<td>Included</td>
<td>Included</td>
<td>Included</td>
</tr>
<tr>
<td><strong>HIV or AIDS</strong></td>
<td>Not covered</td>
<td>USD 5,000</td>
<td>USD 10,000</td>
<td>USD 15,000</td>
</tr>
<tr>
<td><strong>Routine health checks</strong></td>
<td>Not covered</td>
<td>Not covered</td>
<td>USD 500</td>
<td>USD 1,000</td>
</tr>
<tr>
<td><strong>Non-emergency medical evacuation and repatriation</strong></td>
<td>Not covered</td>
<td>Not covered</td>
<td>Not covered</td>
<td>Not covered</td>
</tr>
<tr>
<td><strong>Routine pregnancy and childbirth</strong></td>
<td>Not covered</td>
<td>Not covered</td>
<td>Not covered</td>
<td>Not covered</td>
</tr>
<tr>
<td><strong>Routine and major restorative dental treatment</strong></td>
<td>Not covered</td>
<td>Not covered</td>
<td>Not covered</td>
<td>Not covered</td>
</tr>
<tr>
<td><strong>Optical care</strong></td>
<td>Not covered</td>
<td>Not covered</td>
<td>Not covered</td>
<td>Not covered</td>
</tr>
<tr>
<td><strong>Orthodontic treatment</strong></td>
<td>Not covered</td>
<td>Not covered</td>
<td>Not covered</td>
<td>Not covered</td>
</tr>
<tr>
<td><strong>Dental implants</strong></td>
<td>Not covered</td>
<td>Not covered</td>
<td>Not covered</td>
<td>Not covered</td>
</tr>
</tbody>
</table>

- **Paid in full**
- **Not covered**
- **Paid up to lifetime limit**
- **Waiting period applies**

For a full description of cover, please refer to the Summit Benefits schedule available from your sales representative.

Where we mention worldwide cover, please note that Aetna cannot and shall not provide any Policy, payment or service in violation of any United States (U.S.), United Nations (UN), or European Union (EU) economic or trade sanctions.

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<sup>1</sup> Paid in full up to the overall plan limit.

<sup>2</sup> Includes cover for physiotherapy, subject to a benefit limit on Summit 1750, 2500 and 4000.

<sup>3</sup> Outpatient complementary medicine includes podiatry, osteopathic and chiropractic treatment, when referred by a medical practitioner or specialist.
**Choose your excess or coinsurance**

Each Summit plan comes with a standard excess or coinsurance, depending on the plan you choose. This is the amount that your employees will pay towards a covered claim.

You can select a higher excess or coinsurance to benefit from generous savings on your Summit plan.

Alternatively, you can choose to have no excess or coinsurance so that your employees can enjoy cashless access to treatment.

- **Summit 1750**
  - Standard excess USD 2,000
  - Voluntary excesses USD 0, 1,000, 4,000

- **Summit 2500, 4000, 5000, 5000+**
  - Standard 10% coinsurance to a maximum of USD 2,000
  - Voluntary 0% coinsurance
  - 20% coinsurance to a maximum of USD 4,000
  - 30% coinsurance to a maximum of USD 5,000

**Your underwriting options**

We offer the following medical underwriting options subject to group size and acceptance:

- **Moratorium** excludes cover for pre-existing conditions that have shown symptoms or required treatment in the 24 months before the plan start date.

- **Medical History Disregarded** (MHD) is available to groups of 10 or more employees. With MHD, cover is extended to include treatment for pre-existing conditions, and waiting periods for dental and maternity are removed.

For companies wishing to transfer from other policies, we may offer **Continuous Transfer Terms** to maintain your existing underwriting or special acceptance terms.

**Choose to add direct billing**

If a member is admitted to hospital or receives daycare treatment, we will take care of the eligible hospital bills directly with the medical provider no matter which Summit plan you choose. This is known as direct settlement and it means that your employees don’t have to worry about paying large bills up-front. All they have to do is pay an excess or coinsurance, if your plan has one.

In addition to direct settlement for inpatient and daycare treatment, if you choose an Summit 2500, 4000, 5000 or 5000+ plan, you have the option to add direct billing. With direct billing your employees will enjoy the convenience of outpatient bills being paid direct to the medical provider.

**Aetna’s provider network**

Our provider network is one of the world’s largest with more than 1.2 million medical providers globally – and it’s growing every day.

Here are just a few of the advantages of using our in-network medical providers:

- Lower out-of-pocket costs at the point of service
- No need to claim for reimbursement of outpatient costs with direct billing
- Medical bills settled directly with the medical provider

Direct billing gives your employees the option to access treatment without having to settle the bill with the hospital or medical provider up-front

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For a full description of your cover options, please refer to the Summit Benefits schedule, Handbook and Plan sponsor Guide, available from your sales representative.

Where we mention worldwide cover, please note that Aetna cannot and shall not provide any policy, payment or service in violation of any United States (U.S.), United Nations (UN), or European Union (EU) economic or trade sanctions.
Choose to add worldwide travel insurance

Whether you have employees who travel for business or who are setting off on holiday with the family, we offer annual worldwide travel insurance for trips of up to 180 days.

Travel add-on plan benefits at-a-glance

<table>
<thead>
<tr>
<th>Medical benefits</th>
<th>Benefits limits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient, daycare and outpatient treatment, and accommodation costs&lt;br&gt;Hospital accommodation and travel costs&lt;br&gt;Hospital accommodation and travel costs for parent or legal guardian accompanying an insured child receiving inpatient treatment&lt;br&gt;Treatment for the immediate relief of dental pain</td>
<td>USD 3,400,000 USD 1,700</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Travel benefits</th>
<th>Benefits limits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Loss of deposits, cancellation or curtailment&lt;br&gt;Travel delay cash benefit (each 12-hour delay)&lt;br&gt;Travel and accommodation costs resulting from missed departure and travel disruption&lt;br&gt;Hijack cash benefit (each 24-hour delay)</td>
<td>USD 5,100 USD 85 (up to USD 255) USD 1,700 USD 150 (up to USD 2,550)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Personal effects benefits</th>
<th>Benefits limits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Damage, loss or theft of baggage and personal effects&lt;br&gt;Costs of essential toiletries and clothing due to baggage delay (12 hours of more)&lt;br&gt;Loss or theft of money&lt;br&gt;Loss or theft of passport and travel documents&lt;br&gt;Excess</td>
<td>USD 510 for any one item, pair or set (up to USD 3,400)&lt;br&gt;USD 170&lt;br&gt;USD 850&lt;br&gt;USD 850&lt;br&gt;USD 42.50</td>
</tr>
</tbody>
</table>

Paid up to the limit in each plan year. All other limits are paid for each trip. Excess applies to each claim.

The Travel add-on plan is only available with an active Summit plan. For more information, take a look at the Travel Benefits schedule available from your sales representative.
Choose to add personal accident

For complete peace of mind for your employees, we offer worldwide cover for accidental death as well as permanent total disablement and partial disablement.

Personal Accident add-on plan offers affordable financial protection and benefit limits up to USD 425,000. This cover is only available to managerial, clerical and administrative occupations.

Personal Accident add-on plan benefits at-a-glance

<table>
<thead>
<tr>
<th></th>
<th>Personal Accident 85</th>
<th>Personal Accident 170</th>
<th>Personal Accident 255</th>
<th>Personal Accident 340</th>
<th>Personal Accident 425</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accidental death benefit</td>
<td>USD 85,000</td>
<td>USD 170,000</td>
<td>USD 255,000</td>
<td>USD 340,000</td>
<td>USD 425,000</td>
</tr>
<tr>
<td>Permanent total disablement</td>
<td>USD 85,000</td>
<td>USD 170,000</td>
<td>USD 255,000</td>
<td>USD 340,000</td>
<td>USD 425,000</td>
</tr>
<tr>
<td>Permanent partial disablement</td>
<td>USD 42,500</td>
<td>USD 85,000</td>
<td>USD 127,500</td>
<td>USD 170,000</td>
<td>USD 212,500</td>
</tr>
</tbody>
</table>

Paid as a percentage of the benefit limit as specified in the permanent partial disablement scale.

The Personal Accident add-on plan is only available with an active Summit plan. For more information, take a look at the Personal Accident Benefits schedule available from your sales representative.
We help you protect your employees with security advice and assistance services designed to keep them safe from political unrest, terrorist threat, and natural disasters. To do this, we’ve partnered with security and crisis management experts red24 to ensure they have help should their personal safety be threatened. With all the uncertainty in the world today, red24 is a valuable travel companion giving your employees the peace of mind to travel with confidence.

Here’s what your employees will get:

• Expert safety advice and assistance that’s just a phone call away
• 24/7 access to information on 230+ countries and territories and 160+ cities
• Travel safety briefings tailored to each employee’s trip
• E-mail and text alerts giving up-to-the-minute information on civil unrest, natural disasters and travel disruptions
• Daily news delivered via e-mail

If you choose a Summit 4000, 5000 or 5000+ plan, your employees will benefit from even more peace of mind including:

• On-the-ground crisis management support for situations that have an effect on personal safety and for the loss of belongings
• Repatriation to remove employees from danger if they face a potentially life-threatening situation
Like you, our people are the power behind everything we do and the reason for our success. They are some of the world’s most caring and dedicated professionals. There’s no better example than our Care and Response Excellence (CARE) team.

The CARE team is an in-house team of specialised clinicians and multilingual case managers available 24/7/365 to support your employees pre-trip, post-trip, and anytime in between. They are equipped to coordinate every aspect of care, and they do it with the professionalism you’d expect from a world-class team.

Wellness is a lifelong path, and the route is different for each individual. The journey begins the moment an individual becomes engaged in their own well-being. We support your employees wherever they are on that path – whether they’re healthy, at risk of disease, managing a chronic condition, going through or recovering from a major health event.

We are more than a health insurance services company. We focus on health and wellness, providing resources and support to help members reach the pinnacle of good health.
Support for every stage of health

**Help for a healthier life**
- Holistic support tailored to specific health needs
- One-on-one contact with a trained clinician
- Advice and education to help employees manage their health and avoid complications
- Free online Health Assessment to help individuals understand risks to their personal health and encourage lasting healthy behaviour

**Response when it’s most needed**
- Preauthorisation of inpatient treatment and settlement of medical bills
- Coordination of medical evacuation and admission to hospital
- End-to-end medical oversight and care management to ensure best patient outcomes

**Seeing it through**
- Continuity of care as an employee transitions from hospital to home
- Coordination of treatment plans and goals with multiple care givers
- Continued engagement to ensure appropriate follow-up care

**Support for on-going conditions**
- One-on-one access to a nurse for chronic condition and disease management
- Condition-specific educational materials and tips to help employees understand and follow their doctor’s treatment plan
- Help managing conditions and preventing complications
- Support to help individuals reach their health goals

**Getting ready for a healthy trip**
- Help finding providers in any part of the world
- Access to personalised pre-trip planning services to prepare for any health event or support on-going conditions in a new location
- Assistance in obtaining medication and durable medical equipment before leaving home or after arrival
The power to take control
Health and wellness resources

Managing personal health and staying on top of the demands of work, family and finances can be challenging. That’s why we give your employees access to some invaluable self-help tools.

The online Health Assessment will help your employees better understand their current state of health and build healthy habits into their daily lifestyle. In addition, our Employee Assistance Programme (EAP) gives your employees access to free counselling to help them manage life stresses.

Encouraging healthy behaviours
The online Health Assessment provides each employee with a personalised action plan containing simple, achievable steps towards improving and maintaining their health and well-being.

In addition, we offer a wealth of health and wellness education materials to aid employees in their efforts to reach their optimal state of health. This includes topics such as asthma, cancer, coronary artery disease, maternity and stress management.

The Health Assessment and health library of resources is available by logging into the Secure Member Website at www.aetnainternational.com.

Free, comprehensive and confidential support
The Employee Assistance Programme gives your employees access to free confidential counselling from behavioural health experts in over 180 countries around the world. It is made possible through collaboration between our in-house experts, based in the United States, and our global partner, Workplace Options.

Offering up to five free counselling sessions per member, per concern, per year, support is provided in a number of languages, around the clock. Summit 2500, 4000, 5000 and 5000+ provide your employees with access to telephone counselling as well as online self-help programmes and referral to legal and financial resources.

Members on Summit 4000, 5000 and 5000+ plans can also enjoy face-to-face counselling if they prefer. All of this is made available through our Member Services team.

Help for everyday living
• Improving family communication
• Achieving work life balance
• Coping with life changes
• Managing stress
• Surviving the loss of a loved one
• Living with anxiety or depression
• Addressing substance use
• Handling bullying and harassment
• Managing workplace pressures
• Navigating couples challenges
• Tackling parenting concerns
• Caring for an older person

Your employees can use our complimentary tools to help them protect their health and maintain their productivity at work, which in turn protects the health of your business.
Health care goes convenient
Harnessing the power of technology

Rest assured that as the world and technology move forward, we move forward with them. Aetna International’s web and mobile tools give your employees the edge to make the most of their benefits.

Secure Member Website
A single sign-on to the Secure Member Website gives employees access to a world of personalised resources to help them manage their health care online.

The site can be used to:
- Submit and track claims, and view latest claims statements
- Access policy information
- View and print all plan documents, and order replacement Member ID Cards
- Set up bank reimbursement details for recurring payments
- Search for direct billing hospitals and doctors around the world
- Find travel safety and security information including travel tips, country assessments, news and more

The site also features a range of short videos designed to help members understand and use important features of their plan.

International Mobile Assistant App
No matter where your employees are, they will have health information and tools to make the best decisions. The International Mobile Assistant app makes it possible.

It puts the most important features of the Secure Member Website at your employee’s fingertips:
- Submit claims
- View your claims history
- Search for medical providers
- Request a Member ID Card
- Get in touch with us
- Make doctor appointments

The International Mobile Assistant App works alongside the Mobile Provider Directory Apps, which can be used without internet access to find providers. The apps are free to download and are available for both iPhones and Android phones.

Your employees can rest assured that they have access to their health information and all the necessary tools to help them make the best decisions.
We’re proud to partner with leading local insurer, Warba Insurance, to deliver world-class health benefits in Kuwait.

As part of Aetna, one of the largest health care benefits companies in the U.S., Aetna International benefits from the heritage of more than 160 years of expertise. For more than five decades, we have extended that strength and stability across the globe as one of the world’s largest and most prominent providers of international health benefits and wellness.

Today, we support nearly 700,000 members worldwide. To do this, we employ over 1,100 dedicated professionals in 15 offices across Africa, Europe, the Middle East, Greater China, Southeast Asia, and the U.S.

As a member, you enjoy the local support of our on-the-ground teams along with the global strength of our worldwide network. This means that you have access to exceptional care no matter where you are.

Building a Healthier World®

15
Offices around the world

160
Year heritage

1,100
Aetna International employees worldwide

165,000
Medical providers in our network outside of the U.S.

700,000
Aetna International members worldwide

1.1m
Medical providers in our U.S. network
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Let’s reach the top together

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