Embrace the power of control

Aetna Summit℠ for groups

Employee Assistance Programme

Staying on top of the demands of work, family and finances can be challenging. Our Employee Assistance Programme (EAP) helps employees stay productive in the workplace while taking care of personal issues. This programme gives your employees access to confidential counselling from behavioural health experts in 180 countries around the world. It is made possible through collaboration between our in-house experts, based in the United States, and our global partner, WorkPlace Options.

Aetna Summit℠
2500
Online self-help programmes and telephone counselling

Aetna Summit℠
4000, 5000, 5000+
Online self-help programmes, telephone and in-person counselling

Help for everyday living
- Improving family communication
- Achieving work life balance
- Coping with life changes
- Managing stress
- Surviving the loss of a loved one
- Living with anxiety or depression
- Addressing substance use
- Handling bullying and harassment
- Managing workplace pressures
- Navigating couples challenges
- Tackling parenting concerns
- Caring for an older person

Free, confidential support
- Up to five free counselling sessions per concern, per year
- Multilingual, worldwide support around the clock
- Telephone support from behavioural health experts
- In-person sessions for members on select plans
- Referral to legal and financial resources
- Easy access through Aetna Member Services

Every day has its challenges. Aetna Summit℠ is here to help people meet them. Talk to your sales representative for more information.

The power to take control
Discover Aetna Summit℠

Choice ■ Comfort ■ Care ■ Control ■ Convenience

*Coverage is subject to applicable laws and regulations, including economic and trade sanctions. This includes sanctions related to a blocked person or entity, or a country under sanction by the United States, unless permitted under a valid written Office of Foreign Assets Control (OFAC) license. For more information on OFAC, visit http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx.

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All Singapore Citizens and Permanent Residents will be covered by MediShield Life from 01 Nov 2015. If you choose not to accept this medical expense policy, you will continue to be insured under MediShield Life for life, without any exclusion.

This product is not a Medisave-approved product and the premium for this policy is not payable using Medisave.

This is a short-term A&H product and is not guaranteed renewable. The insurer has unilateral rights to terminate this policy at each policy renewal date. Also, if you have existing medical conditions, you may:

- Lose coverage for your existing medical conditions; or
- Pay additional premiums to retain or increase coverage for your existing medical conditions under this new policy.

Notice to United Kingdom residents: In the UK, Aetna Insurance Company Limited (FRN 458505) has issued and approved this communication. Notice to all: Please visit http://www.aetnainternational.com/ai/en/about-us/legal/regional-entities for more information, including a list of relevant entities permitted to carry on or administer insurance business in their respective jurisdictions.

Important: This is a non-U.S. insurance product that does not comply with the U.S. Patient Protection and Affordable Care Act (PPACA). This product may not qualify as minimum essential coverage (MEC), and therefore may not satisfy the requirements, if applicable to you and your dependants, of the Individual Shared Responsibility Provision (individual mandate) of PPACA. Failure to maintain MEC can result in U.S. tax exposure. You may wish to consult with your legal, tax or other professional advisor for further information. This is only applicable to certain eligible U.S. taxpayers.