For business without boundaries
Choose health insurance that rises to the occasion

Summit Abu Dhabi

www.aetnainternational.com
www.alaininsurance.com
Healthier employees. Healthier bottom line. Let’s reach the summit together.
We set out to give you flexibility and support
But we haven’t stopped there

Like you, we’re scaling new heights and pushing business boundaries every day. We’re a strong global health insurance brand with exceptional experience and expertise. **Most importantly we place the health and wellness of your employees at the heart of everything we do.**

Not only do we help to drive healthy outcomes for you and your employees, we also build a compliant, tailored health care plan that helps control your costs. This gives you the freedom to conquer your world.

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**Choice**

Summit Abu Dhabi puts you in the driver’s seat. Our flexible cover options allow you to tailor your plan to meet the specific needs of your business, no matter where your employees are based.

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**Comfort**

Take comfort in having a partner that helps to keep your workforce safe with resources to manage their personal safety, including hands-on assistance during political unrest and natural disasters.

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**Care**

We take a personalised approach to supporting the health and well-being of your employees. Not only do we respond to their health needs but we also help them to plan ahead, protecting them from potential problems.

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**Control**

Your employees will be empowered to take charge of their health with easy-to-use tools and resources that fit in to their lifestyle. Like our Employee Assistance Programme which gives members access to free, confidential counselling to help them navigate life’s ups and downs.

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**Convenience**

Wherever your employees are based, we’re there with them. They can count on our web and mobile technology to keep our services and support within reach at all times.
Summit Abu Dhabi provides you with the flexibility to add and remove benefits, and increase or decrease benefit limits to enable you to custom-build a solution that’s right for your business. Our flexibility enables you to:

- Add benefits like routine pregnancy and childbirth, dental and optical care, and non-emergency evacuation
- Remove benefits like outpatient psychiatric treatment, medical complications of maternity, and HIV or AIDS
- Select an area of cover to best suit your geographical reach
- Cover pre-existing conditions for groups of 10 or more employees subject to acceptance
- Add optional plans for worldwide travel and personal accident

**Additional flexibility for groups of 50+ employees**

Large groups with 50 or more employees can benefit from additional flexibility and a more customised solution. Please talk to your sales representative to discover the full range of choices available to you.

Let us work with you to understand your business requirements and the needs of your global workforce so we can help build a plan that’s just right for you.
You’ll be pleased to discover that the Summit Abu Dhabi plan offers certain full cover benefits as standard, from inpatient and daycare treatment to cancer care, emergency medical evacuation and repatriation.

No matter where your employees are based, our international teams deliver consistently exceptional service and local expertise. And, you can be confident that our plans is compliant with local regulations.

Choose your area of cover

The area of cover you choose helps to shape your premium. You have the choice of seven areas of cover. For employees based in different regions, you can choose different areas of cover for them within the same policy. Your employees need to be covered in the region in which they are resident, as a minimum. For example, if you have a group of employees residing in a country within Europe, which is Area 5, you have a choice of any area from Area 1 to Area 5.

- **Area 7** will give you cover in Africa only
- **Area 6** includes cover for Africa, plus Asia (excluding China, Hong Kong and Singapore) and the Middle East (excluding Kuwait, Qatar and the UAE)
- **Area 5** includes cover for all the locations in Area 6, plus Europe and Latin America
- **Area 4** includes cover for all the locations in Area 5, plus Australia, New Zealand, Kuwait, Qatar, Singapore and the UAE
- **Area 3** includes cover for all the locations in Area 4, plus China
- **Area 2** provides worldwide cover excluding the U.S.
- **Area 1** provides worldwide cover including the U.S. Area 1 is only available with Summit 5000 and 5000+.

How to build the cover that’s right for your business needs
# Summit Abu Dhabi benefits at-a-glance

Available for groups of three or more employees

<table>
<thead>
<tr>
<th>Benefits</th>
<th>Summit 5000+</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall plan limit</td>
<td>USD 5,000,000</td>
</tr>
<tr>
<td><strong>Inpatient and daycare benefits</strong></td>
<td></td>
</tr>
<tr>
<td>Inpatient and daycare treatment</td>
<td>Paid in full</td>
</tr>
<tr>
<td>Parent hospital accommodation</td>
<td>Paid in full</td>
</tr>
<tr>
<td>Inpatient treatment of acute conditions for newborns (natural conception)</td>
<td>Paid in full</td>
</tr>
<tr>
<td>Emergency inpatient and daycare treatment outside area of cover</td>
<td>Covered with Area 1</td>
</tr>
<tr>
<td>Inpatient psychiatric treatment (up to 30 days)</td>
<td>Paid in full</td>
</tr>
<tr>
<td><strong>Outpatient benefits</strong></td>
<td></td>
</tr>
<tr>
<td>Outpatient post-hospitalisation treatment (up to 90 days)</td>
<td>Paid in full</td>
</tr>
<tr>
<td>Outpatient surgical procedures</td>
<td>Paid in full</td>
</tr>
<tr>
<td>Outpatient dental treatment for accidental damage following related hospitalisation</td>
<td>Paid in full</td>
</tr>
<tr>
<td>Outpatient consultations, treatment and tests including MRI</td>
<td>Paid in full</td>
</tr>
<tr>
<td>Emergency outpatient treatment</td>
<td></td>
</tr>
<tr>
<td>Outpatient physiotherapy</td>
<td>Paid in full</td>
</tr>
<tr>
<td>Outpatient complementary medicine</td>
<td>USD 4,000</td>
</tr>
<tr>
<td>Outpatient traditional Chinese medicine</td>
<td>USD 1,500</td>
</tr>
<tr>
<td>Outpatient psychiatric treatment</td>
<td>USD 10,000</td>
</tr>
<tr>
<td>Emergency outpatient treatment outside area of cover</td>
<td>Covered with Area 1</td>
</tr>
<tr>
<td><strong>Further benefits</strong></td>
<td></td>
</tr>
<tr>
<td>Emergency medical evacuation, repatriation and local ambulance</td>
<td>Paid in full</td>
</tr>
<tr>
<td>Cancer care</td>
<td>Paid in full</td>
</tr>
<tr>
<td>red24 travel security services</td>
<td>Action Response</td>
</tr>
<tr>
<td>Durable medical equipment</td>
<td>USD 2,000</td>
</tr>
<tr>
<td>Hospital cash (each night up to 20 nights)</td>
<td>USD 125</td>
</tr>
<tr>
<td>Terminal care</td>
<td>Paid in full</td>
</tr>
<tr>
<td>Medical complications of maternity (natural conception)</td>
<td>Paid in full</td>
</tr>
<tr>
<td>Congenital abnormalities</td>
<td>USD 100,000</td>
</tr>
<tr>
<td>Employee Assistance Programme</td>
<td>Online, telephonic and in-person support</td>
</tr>
<tr>
<td>Chronic condition and disease management</td>
<td>Included</td>
</tr>
<tr>
<td>HIV or AIDS</td>
<td>USD 15,000</td>
</tr>
<tr>
<td>Routine health checks</td>
<td>USD 1,000</td>
</tr>
<tr>
<td>Non-emergency medical evacuation and repatriation</td>
<td>Not covered</td>
</tr>
<tr>
<td>Routine pregnancy and childbirth</td>
<td>Not covered</td>
</tr>
<tr>
<td>Routine and major restorative dental treatment</td>
<td>Not covered</td>
</tr>
<tr>
<td>Optical care</td>
<td>Not covered</td>
</tr>
<tr>
<td>Orthodontic treatment</td>
<td>Not covered</td>
</tr>
<tr>
<td>Dental implants</td>
<td>Not covered</td>
</tr>
</tbody>
</table>

- Remove benefit
- Add benefit
- Increase benefit limit
- L: Paid up to lifetime limit
- W: Waiting period applies

1 Paid in full up to the overall plan limit.
2 Includes cover for physiotherapy.
3 Outpatient complementary medicine includes podiatry, osteopathic and chiropractic treatment, when referred by a medical practitioner or specialist.

For a full description of cover, please refer to the Summit Abu Dhabi Benefits schedule available from your sales representative.

Where we mention worldwide cover, please note that Aetna cannot and shall not provide any Policy, payment or service in violation of any United States (U.S.), United Nations (UN), or European Union (EU) economic or trade sanctions.
Your underwriting options

We offer the following medical underwriting options subject to group size and acceptance:

- **Moratorium** excludes cover for pre-existing conditions that have shown symptoms or required treatment in the 24 months before the plan start date.

- **Medical History Disregarded (MHD)** is available to groups of 10 or more employees. With MHD, cover is extended to include treatment for pre-existing conditions, and waiting periods for dental and maternity are removed.

For companies wishing to transfer from other policies, we may offer Continuous Transfer Terms to maintain your existing underwriting or special acceptance terms.

Aetna’s provider network

Our provider network is one of the world’s largest with more than 1.2 million medical providers globally – and it’s growing every day.

Here are just a few of the advantages of using our in-network medical providers:

- Lower out-of-pocket costs at the point of service
- No need to claim for reimbursement of outpatient costs with direct billing
- Medical bills settled directly with the medical provider


Where we mention worldwide cover, please note that Aetna cannot and shall not provide any policy, payment or service in violation of any United States (U.S.), United Nations (UN), or European Union (EU) economic or trade sanctions.
### Choose to add worldwide travel insurance

Whether you have employees who travel for business or who are setting off on holiday with the family, we offer annual worldwide travel insurance for trips of up to 180 days.

#### Travel add-on plan benefits at-a-glance

<table>
<thead>
<tr>
<th>Medical benefits</th>
<th>Benefits limits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient, daycare and outpatient treatment, and accommodation costs(^1)</td>
<td>USD 3,400,000</td>
</tr>
<tr>
<td>Hospital accommodation and travel costs(^1)</td>
<td></td>
</tr>
<tr>
<td>Hospital accommodation and travel costs for parent or legal guardian accompanying an insured child receiving inpatient treatment(^1)</td>
<td></td>
</tr>
<tr>
<td>Treatment for the immediate relief of dental pain(^1)</td>
<td>USD 1,700</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Travel benefits</th>
<th>Benefits limits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Loss of deposits, cancellation or curtailment(^2)</td>
<td>USD 5,100</td>
</tr>
<tr>
<td>Travel delay cash benefit (each 12-hour delay)</td>
<td>USD 85 (up to USD 255)</td>
</tr>
<tr>
<td>Travel and accommodation costs resulting from missed departure and travel disruption(^3)</td>
<td>USD 1,700</td>
</tr>
<tr>
<td>Hijack cash benefit (each 24-hour delay)</td>
<td>USD 150 (up to USD 2,550)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Personal effects benefits</th>
<th>Benefits limits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Damage, loss or theft of baggage and personal effects(^3)</td>
<td>USD 510 for any one item, pair or set (up to USD 3,400)</td>
</tr>
<tr>
<td>Costs of essential toiletries and clothing due to baggage delay (12 hours of more)</td>
<td>USD 170</td>
</tr>
<tr>
<td>Loss or theft of money(^4)</td>
<td>USD 850</td>
</tr>
<tr>
<td>Loss or theft of passport and travel documents(^5)</td>
<td>USD 850</td>
</tr>
<tr>
<td>Excess</td>
<td>USD 42.50</td>
</tr>
</tbody>
</table>

Paid up to the limit in each plan year. All other limits are paid for each trip.  
\(^1\)Excess applies to each claim.

The Travel add-on plan is only available with an active Summit Abu Dhabi plan. For more information, take a look at the Travel Benefits schedule available from your sales representative.
Choose to add personal accident

For complete peace of mind for your employees, we offer worldwide cover for accidental death as well as permanent total disablement and partial disablement.

Personal Accident add-on plan offers affordable financial protection and benefit limits up to USD 425,000. This cover is only available to managerial, clerical and administrative occupations.

Personal Accident add-on plan benefits at-a-glance

<table>
<thead>
<tr>
<th></th>
<th>Personal Accident 85</th>
<th>Personal Accident 170</th>
<th>Personal Accident 255</th>
<th>Personal Accident 340</th>
<th>Personal Accident 425</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accidental death benefit</td>
<td>USD 85,000</td>
<td>USD 170,000</td>
<td>USD 255,000</td>
<td>USD 340,000</td>
<td>USD 425,000</td>
</tr>
<tr>
<td>Permanent total disablement</td>
<td>USD 85,000</td>
<td>USD 170,000</td>
<td>USD 255,000</td>
<td>USD 340,000</td>
<td>USD 425,000</td>
</tr>
<tr>
<td>Permanent partial disablement</td>
<td>USD 42,500</td>
<td>USD 85,000</td>
<td>USD 127,500</td>
<td>USD 170,000</td>
<td>USD 212,500</td>
</tr>
</tbody>
</table>

Paid as a percentage of the benefit limit as specified in the permanent partial disablement scale.

The Personal Accident add-on plan is only available with an active Summit Abu Dhabi plan. For more information, take a look at the Personal Accident Benefits schedule available from your sales representative.
Comfort

Protecting your most important assets
Wherever they are

We help you protect your employees with security advice and assistance services designed to keep them safe from political unrest, terrorist threat, and natural disasters. To do this, we’ve partnered with security and crisis management experts red24 to ensure they have help should their personal safety be threatened. With all the uncertainty in the world today, red24 is a valuable travel companion giving your employees the peace of mind to travel with confidence.

Here’s what your employees will get:

• On-the-ground crisis management support for situations that have an effect on personal safety and for the loss of belongings
• Repatriation to remove employees from danger if they face a potentially life-threatening situation
• Expert safety advice and assistance that’s just a phone call away
• 24/7 access to information on 230+ countries and territories and 160+ cities
• Travel safety briefings tailored to each employee’s trip
• E-mail and text alerts giving up-to-the-minute information on civil unrest, natural disasters and travel disruptions
• Daily news delivered via e-mail

Give your employees the confidence to travel knowing that they have professional support for the unexpected.
Like you, our people are the power behind everything we do and the reason for our success. They are some of the world’s most caring and dedicated professionals. There’s no better example than our Care and Response Excellence (CARE) team.

The CARE team is an in-house team of specialised clinicians and multilingual case managers available 24/7/365 to support your employees pre-trip, post-trip, and anytime in between. They are equipped to coordinate every aspect of care, and they do it with the professionalism you’d expect from a world-class team.

Wellness is a lifelong path, and the route is different for each individual. The journey begins the moment an individual becomes engaged in their own well-being. We support your employees wherever they are on that path – whether they’re healthy, at risk of disease, managing a chronic condition, going through or recovering from a major health event.

We are more than a health insurance services company. We focus on health and wellness, providing resources and support to help members reach the pinnacle of good health.
Support for every stage of health

Help for a healthier life
- Holistic support tailored to specific health needs
- One-on-one contact with a trained clinician
- Advice and education to help employees manage their health and avoid complications
- Free online Health Assessment to help individuals understand risks to their personal health and encourage lasting healthy behaviour

Response when it’s most needed
- Preauthorisation of inpatient treatment and settlement of medical bills
- Coordination of medical evacuation and admission to hospital
- End-to-end medical oversight and care management to ensure best patient outcomes

Seeing it through
- Continuity of care as an employee transitions from hospital to home
- Coordination of treatment plans and goals with multiple care givers
- Continued engagement to ensure appropriate follow-up care

Support for on-going conditions
- One-on-one access to a nurse for chronic condition and disease management
- Condition-specific educational materials and tips to help employees understand and follow their doctor’s treatment plan
- Help managing conditions and preventing complications
- Support to help individuals reach their health goals

Getting ready for a healthy trip
- Help finding providers in any part of the world
- Access to personalised pre-trip planning services to prepare for any health event or support on-going conditions in a new location
- Assistance in obtaining medication and durable medical equipment before leaving home or after arrival
Managing personal health and staying on top of the demands of work, family and finances can be challenging. That’s why we give your employees access to some invaluable self-help tools.

The online Health Assessment will help your employees better understand their current state of health and build healthy habits into their daily lifestyle. In addition, our Employee Assistance Programme (EAP) gives your employees access to free counselling to help them manage life stresses.

**Encouraging healthy behaviours**

The online Health Assessment provides each employee with a personalised action plan containing simple, achievable steps towards improving and maintaining their health and well-being.

In addition, we offer a wealth of health and wellness education materials to aid employees in their efforts to reach their optimal state of health. This includes topics such as asthma, cancer, coronary artery disease, maternity and stress management.

The Health Assessment and health library of resources is available by logging into the Secure Member Website at www.aetnainternational.com.

**Free, comprehensive and confidential support**

The Employee Assistance Programme gives your employees access to free confidential counselling from behavioural health experts in over 180 countries around the world. It is made possible through collaboration between our in-house experts, based in the United States, and our global partner, Workplace Options.

Offering up to five free counselling sessions per member, per concern, per year, support is provided in a number of languages, around the clock. Summit Abu Dhabi 5000+ provides your employees with access to face-to-face counselling, telephone counselling as well as online self-help programmes and referral to legal and financial resources.

All of this is made available through our Member Services team.

**Help for everyday living**

- Improving family communication
- Achieving work life balance
- Coping with life changes
- Managing stress
- Surviving the loss of a loved one
- Living with anxiety or depression
- Addressing substance use
- Handling bullying and harassment
- Managing workplace pressures
- Navigating couples challenges
- Tackling parenting concerns
- Caring for an older person

Your employees can use our complimentary tools to help them protect their health and maintain their productivity at work, which in turn protects the health of your business.
Health care goes convenient
Harnessing the power of technology

Rest assured that as the world and technology move forward, we move forward with them. Aetna International’s web and mobile tools give your employees the edge to make the most of their benefits.

Health Hub
A single sign-on to our secure member website, Health Hub, gives employees access to a world of personalised resources to help them manage their health care online.

The site can be used to:
• Submit and track claims, and view latest claims statements
• Access policy information
• View and print all plan documents, and order replacement Member ID Cards
• Set up bank reimbursement details for recurring payments
• Search for direct billing hospitals and doctors around the world

The site also features a range of short videos designed to help members understand and use important features of their plan.

International Mobile Assistant App
No matter where your employees are, they will have health information and tools to make the best decisions. The International Mobile Assistant app makes it possible.

It puts the most important features of the Secure Member Website at your employee’s fingertips:
• Submit claims
• View your claims history
• Search for medical providers
• Request a Member ID Card
• Get in touch with us
• Make doctor appointments

The International Mobile Assistant App works alongside the Mobile Provider Directory Apps, which can be used without internet access to find providers. The apps are free to download and are available for both iPhones and Android phones.

Your employees can rest assured that they have access to their health information and all the necessary tools to help them make the best decisions.
We’re proud to partner with leading local insurer, Al Ain Ahlia, to deliver world-class health benefits in United Arab Emirates.

Al Ain Ahlia
Al Ain Ahlia is proud to provide a range of insurance products tailored to individuals, families and corporate groups in the Middle East. As one of the largest insurers in the region, Al Ain Ahlia has a reputation for professionalism, quick response times, and customer-focused service. Al Ain Ahlia was established in 1975 and is headquartered in Abu Dhabi. As an Al Ain Ahlia member, you can rest assured that your family is protected by a commitment to financial security and personalised service.

Aetna International
As part of Aetna, one of the largest health care benefits companies in the U.S., Aetna International shares in the heritage of more than 160 years of expertise. For more than five decades, we have extended that strength and stability across the globe as one of the world’s largest and most prominent providers of international health benefits and wellness.

Today, we support nearly 700,000 members worldwide. To do this, we employ over 1,100 dedicated professionals in 15 offices across Africa, Europe, the Middle East, Greater China, Southeast Asia, and the U.S.

As a member, you enjoy the local support of our on-the-ground teams along with the global strength of our worldwide network. This means that you have access to exceptional care no matter where you are.
Aetna International’s success is built on innovation, an unwavering commitment to health and wellness, and most importantly, keeping our members at the heart of everything we do.

Here’s some evidence of our success:
Let’s reach the top together

From our unique vantage point at the helm of world-class health care, we offer you insurance, support for health and wellness, travel security, and advanced access to our services at all times. There’s so much more to know about Summit and the security and value it offers your business and your employees. Contact us directly or speak to your broker today for more information.

Telephone: +971 (0)4 3123000

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If coverage provided by this policy violates or will violate any United States (U.S.), United Nations (UN), European Union (EU) or other applicable economic or trade sanctions, the coverage is immediately considered invalid. For example, Al Ain Ahlia and Aetna companies cannot make payments or reimburse for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or entity, or a country under sanction by the U.S., unless permitted under a valid written Office of Foreign Assets Control (OFAC) license. For more information on OFAC, visit http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx.

Policies are underwritten by Al Ain Ahlia Insurance Co. (PSC), incorporated under the Abu Dhabi by Act 18 of 1975, Insurance Registration No. 3 of Law No. 6 of 2007 concerning the establishment of UAE Insurance authority and its regulations, and administered by Aetna Global Benefits (Middle East) LLC (Registration No. 5). Registered address: 28th Floor, Media One Tower Building, Dubai Media City, TECOM, PO Box 6380, Dubai, UAE.

Important: This is a non-U.S. insurance product that does not comply with the U.S. Patient Protection and Affordable Care Act (PPACA). This product may not qualify as minimum essential coverage (MEC), and therefore may not satisfy the requirements, if applicable to you and your dependants, of the Individual Shared Responsibility Provision (individual mandate) of PPACA. Failure to maintain MEC can result in U.S. tax exposure. You may wish to consult with your legal, tax or other professional advisor for further information. This is only applicable to certain eligible U.S. taxpayers.